

**Serenity Massage Centre**

**PATIENT INFORMATION/HEALTH QUESTIONNAIRE**

\_\_\_\_\_  
First Name M.I. Last Name Nick Name

\_\_\_\_\_  
Address City State Zip Code

Gender: ☐ Male ☐ Female

\_\_\_\_\_  
Primary Language

\_\_\_\_\_  
Date of Birth

Marital Status: ☐ Single ☐ Married ☐ Widowed ☐ Divorced ☐ Legally Separated Spouse Name: \_\_\_\_\_

Race:

☐ Caucasian ☐ American Indian or Alaska Native ☐ African American or Black ☐ Asian ☐ Hawaiian or Pacific Islander ☐ Decline to Specify

Ethnicity: ☐ Not Hispanic or Latino ☐ Hispanic or Latino ☐ Decline to Specify

Contact preference for appointment reminders:

☐ **Text Message Preferred** \_\_\_\_\_ ☐ Phone Call \_\_\_\_\_  
**CELL PHONE** Cell / Home /Work Phone

☐ Email: \_\_\_\_\_ ☐ Do Not Contact for Appointment Reminders

\_\_\_\_\_  
Emergency Contact Name Phone Number

Do you prefer silence during your massage? ☐ Yes ☐ No

Who Referred You to Us? ☐ Physician ☐ Friend ☐ Internet ☐ Other/Referral Name: \_\_\_\_\_

Do you have any of the following conditions:

<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Heart Problems	<input type="checkbox"/> Pregnant ____wks	<input type="checkbox"/> Circulatory Condition	<input type="checkbox"/> Headaches/Dizziness	<input type="checkbox"/> Foot Fungus
<input type="checkbox"/> Contagious Disease	<input type="checkbox"/> Varicose Veins	<input type="checkbox"/> Nursing	<input type="checkbox"/> Joint Pains	<input type="checkbox"/> Poison Ivy	<input type="checkbox"/> Athlete's Foot
<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Cancer	<input type="checkbox"/> Phlebitis	<input type="checkbox"/> Spinal Problems	<input type="checkbox"/> Asthma
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Seizures	<input type="checkbox"/> Blood Clots	

Have you had a massage before? ☐ Yes ☐ No Recent Surgeries: \_\_\_\_\_

List areas of tension, pain, or discomfort: \_\_\_\_\_

Do you have any special needs your therapist should be aware of? \_\_\_\_\_

List any prescription medications you are taking: \_\_\_\_\_

List any allergies: ☐ None \_\_\_\_\_

Contacts: ☐ Yes ☐ No Sensitivity to iodine, oil, or fragrances: ☐ Yes ☐ No Sensitivity to latex: ☐ Yes ☐ No

Patient ID#: \_\_\_\_\_