

Name: \_\_\_\_\_  
Email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

What is the primary reason/problem/condition you have come in for chiropractic treatment?

\_\_\_\_\_  
\_\_\_\_\_

Have you had similar problems before?  No  Yes If yes, When? \_\_\_\_\_

Have you had Chiropractic care in the past?  No  Yes

Are there any other issues/problems you wish the doctor to know about: \_\_\_\_\_

Have you had any recent falls, traumas or other accidents?  No  Yes Describe: \_\_\_\_\_

What is the initial date of injury or onset of this condition? \_\_\_\_\_ Are you off from work?  No  Yes

Rate your restriction of performing activities of daily living on a scale from 0 to 10

(no restriction) 0 1 2 3 4 5 6 7 8 9 10 (severe restriction)

Over the past 2 weeks what is your average level of pain on a scale from 0 to 10?

(no pain) 0 1 2 3 4 5 6 7 8 9 10 (severe pain) What level is your pain today? \_\_\_\_/10

Is your pain or discomfort? (Mark with a ✓)  continuous  off and on  getting worse  sharp or stabbing

Do you perform moderately intense exercise 3 time per week?  No  Yes

Is your MD currently co-treating your condition?  No  Yes If yes, who: \_\_\_\_\_

What recent diagnostic studies (x-ray, MRI, CT, blood work) have you had? \_\_\_\_\_

Taken where? \_\_\_\_\_

List symptoms you have had recently:  Headache  Numbness or tingling in arms/hand or legs/feet  Fever

[ ] Difficulty sleeping Other: \_\_\_\_\_

List your Current Medications: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

List your Allergies:  None  Seasonal/Pollen  Food  Animals  X-Ray Dye  Other: \_\_\_\_\_

List any Surgeries:  None  Neck  Back  Hip  Knee  Shoulder  Brain  Other: \_\_\_\_\_

List your Medical Conditions:  None  High Blood Pressure  Diabetes  Stroke  Cancer

Other: \_\_\_\_\_

List your Family Medical History (Example: maternal grandmother - high blood pressure, Father – heart attack)

Do you smoke or use tobacco products?  No  Yes Former Smoker?  No  Yes

Do you have currently have significant problems with depression or anxiety?  No  Yes

Do you drink alcohol?  No  Yes – How many per day? \_\_\_\_\_

Do you drink caffeine?  No  Yes – How many per day? \_\_\_\_\_

Do you exercise?  No  Yes – What forms and how often? \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_